

Salads Galore & More



7011 Read Blvd.

(504) 240-6552

THE WHOLESOME & FRESH CHOICE

- **Salads**
- **Turkey Burgers**
- **Wraps**
- **Baked Potatoes**
- **Sandwiches**
- **Chicken**
- **Salmon**
- **Shrimp & More**



SALADSGALORENOLA.COM

Salads

Garden Goodness Salad\$9.75

Shredded cheese, cucumbers,
carrots and tomatoes
on a bed of mixed greens

Spinach Salad\$12.50

Avocados, shredded cheese, cucumbers,
carrots, eggs and tomatoes
on a bed of fresh spinach

Add Chicken \$6.00

Add Shrimp \$7.00

Grilled Chicken Salad\$12.50

Grilled Chicken Breast,
shredded cheese, cucumbers,
carrots and tomatoes
on a bed of mixed greens



Grilled Shrimp Salad\$14.99

Jumbo Grilled Shrimp
(marinated in garlic and herbs)
with avocado, shredded cheese,
cucumbers, carrots
and tomatoes on a
bed of mixed greens



Blackened Salmon

Salad\$16.99

Grilled Salmon Steak
(marinated in blackened Seasonings)
served with avocado, carrots,
shredded cheese, cucumbers
and tomatoes on a bed of
mixed greens



Chef Salads\$12.50

Turkey, Ham, Egg, Bacon,
croutons, shredded cheese,
carrots and tomatoes on a
bed of mixed greens

Sandwiches & Burgers

The Salads Galore House Burger \$10.50
Grilled Ground Turkey, sauteed onions, lettuce, tomatoes and pickles on a wheat bun **Add Bacon \$1.50**

The Spicy House Burger \$11.00
Our "turned up" savory seasoned Grilled Ground Turkey Burger with sauteed onions, lettuce, tomatoes and pickles on a wheat bun
Add Bacon \$1.50

Jazz Up Your Sandwich
Or Burger With
New Orleans Spices
& Toppings



All Toppings \$1.50 Each

Swiss Cheese
Cheddar Cheese
Jalapenos

Grilled Onions
Avocado
BBQ Sauce

Sauteed Mushrooms
Salsa
Sauteed Bell Peppers

The House Grilled Chicken Sandwich \$9.99
Grilled Chicken fresh sauteed onions,
with lettuce, tomatoes and pickles on a wheat hoagie

Garden Goodness Sandwich \$9.50
Sauteed vegetables, mushroom, onions & peppers on a wheat hoagie

Smoked Turkey Breast \$9.00
Smoked Turkey with lettuce and tomato on wheat hoagie

The Blackened Salmon Sandwich \$13.50
Grilled Salmon Steak (marinated in spicy Cajun seasonings)
Served on a wheat hoagie dressed with lettuce, tomatoes and pickles

House Club \$9.99
Grilled Ham, Turkey, Cheese and Bacon served on wheat hoagie
with lettuce and tomatoes

Wraps

The Witch Dr. Wrap\$13.99
Grilled Chicken and Shrimp, sauteed onions, lettuce, tomatoes and cheese

The Big Chief Wrap.....\$15.99
Grilled Salmon and Shrimp on a whole wheat tortilla with lettuce, and tomatoes

The Big Shot Salmon Wrap\$14.99

Blackened Salmon served on a whole wheat tortilla with lettuce and tomatoes

The Ultimate Wraps Freshly grilled, served on wheat tortilla with sauteed onions, cheese, lettuce and tomatoes

Turkey (sliced)....\$10.00 • Veggie.....\$9.50

Chicken.....\$11.99 • Chicken Caesar....\$12.50

Shrimp.....\$13.99 • Shrimp Caesar....\$14.99



Spuds Menu

The Big Chief Spud

Grilled Salmon and Shrimp with butter, cheese, chives and sour cream.....\$15.99

The Coach Payton Spud.....\$13.99

Grilled Chicken and Shrimp with butter, cheese, chives and sour cream

Basic Spud\$7.25

Butter, bacon, cheese, chives and sour cream

Chicken Spud.....\$11.99

Grilled marinated Chicken Breast, butter, cheese, chives and sour cream

Shrimp Spud\$13.99

Grilled marinated Shrimp, butter, cheese, chives and sour cream



Fajita Turkey Spud.....\$12.99

Seasoned ground Turkey cooked with sauteed bell peppers and onion
Topped with Salsa, cheddar cheese, chives and sour cream

Make Your Spud Fajita Spud Add \$2.50

Grilled onions, bell peppers, salsa and jalapenos